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SPORTING CHALLENGE: 3 DAYS/2 NIGHTS (SPRING/SUMMER 2007)

[DAY 1: CARCASSONNE/COUIZA](#)

Arrival at **Carcassonne** airport at noon. Reception and transfer to the Medieval City of Carcassonne in a luxury coach.

Private guided tour of the **Medieval City** where you can discover its 52 towers, its 3 kms of walls and the St Nazaire basilica. This fortified Medieval City acquired ramparts in the 4th century and the castle of the Viscounts of Trencavel in the 12th century. It was saved from destruction in the 19th century and restored by Viollet Le Duc. It was listed as a World Heritage site by UNESCO in 1997.
Introduction to and tasting of regional wines in a prestigious cellar of the City.

You carry on to **Couiza**, where you will spend the night in a hotel built during the 6th century. This superb monument lies in exceptional surroundings in the heart of the Cathar Country, close to Carcassonne. It witnessed the wars of religion between Protestants and Catholics. The decor of the rooms combines refinement with medieval charm. The conference rooms feature majestic Renaissance chimneys. A marvellous setting for a week-end in our beautiful region.

Gourmet dinner at the hotel and accommodation.

[DAY 2: PUIVERT/CHALABRE](#)

After breakfast your coach takes you to the Castle of **Puivert**, one of the best preserved castles in the Aude hinterland , which features in films such as “La Neuvième Porte”. Built on the rock at an altitude of 605 m, the castle of Puivert rises majestically over a length of 175m. Of all the castles of the first half of the 14th century,

the Puivert castle, in the countryside of the Aude region known as Quercorb, is undoubtedly one of the best preserved. **Guided tour of the Castle.**

You carry on to the castle of **Chalabre**. This castle, given by Simon de Montfort to Thomas Pons de Bruyères in 1210 after the crusade against the Albigensians, has remained with the same family since then. They lived in it until 1986. It has now been entrusted under a 99-year lease to the Knights of Kercorb Association - which enables you to turn into a true medieval character.

After **lunch** you play the role of a knight and learn how to handle weapons of the period. You will have to face challenges in areas as varied as calligraphy, fighting, exploration, iconography and so on.

After being dubbed, you go to Limoux for a wine tasting session with a private oenologist, who will introduce you to the specificity of regional and “sparkling” wines.

Return to the hotel, where a highly original evening awaits you.



Throughout the **medieval dinner**, a troop of professional acrobats will take you back to another epoch thanks to the wonderful setting, perfect for the fire-eaters and professional jugglers. You will perhaps be chosen to enter the Fakir's Box: an unforgettable experience...

Sample menu
Foie gras of duck marinated with figs

Bream roasted in sea salt
Vegetable Piperade

Exotic fruit crumble
Passionfruit ice cream

DAY 3: THE CANYON EXPERIENCE

After breakfast, a private coach will take you to the **Gorges of Galamus**, where with the help of professionals, you abseil down more than 130 meters in the gorge. As a reward, a superb country buffet is set up at the end, offering an endless supply of regional specialities.
Departure in the afternoon.

PRICE INCLUDING TAX PER PERSON
BASED ON 30 PERSONS
Minimum of 30 participants

3-STAR HOTEL
Us to consult

THIS PRICE INCLUDES :

- Private coach from Carcassonne
- The guided tours indicated in the program
- Meals starting from dinner on day 1 to lunch on day 3
- A private oenologist for Limoux
- Accommodation in a 3-star castle (based on single room)
- The Medieval Evening
- Incentive Show at the castle of Chalabre
- Canyon descent

THIS PRICE DOES NOT INCLUDE :

- Transport to and from Carcassonne
- Personal expenses
- Drinks
- Cancellation and repatriation assistance insurance
- Tourist tax

Photograph of Carcassonne: P.Benoist, lent by the Association of Cathar Country Sites